

## HORNSBY ZONE SPORTING CODES OF BEHAVIOUR

Codes of Behaviour provide a supportive framework which promotes fair play and appropriate behaviour in school sport. These codes apply to players, teachers, coaches, principals, parents, officials and spectators who together provide the environment in which school sport is played. The following Codes apply to school sport at all levels and are designed to highlight:

- the principles of enjoyment, satisfaction and safe play in sport
- that students participate for their own sake and not to fulfil the desires of parents, adult groups or peers
- the encouragement of student participation in sport, and in so doing, contribute to higher levels of health and physical fitness

#### **PLAYERS' CODE**

- Play for the fun of it
- Play by the rules and always abide by the decisions of officials
- Control your temper. Make no criticism either by word or gesture. Deliberately distracting or provoking an opponent is not acceptable or permitted in any sport
- Work equally hard for yourself and your team. Your team's performance will benefit and so will your own
- Be willing to train and prepare for the game or competition. Preparation helps prevent injury and increases the level of enjoyment
- Play only when you are fully fit. To play with injury will handicap your team and may expose you to the risk of further and more serious injury
- Be a good sport. Applaud the good play of your team mates and that of your opponents
- At all times cooperate with your coach, team mates and opponents, for without them you do not have a competition
- Remember the goals of the game are to have fun and improve your skills. Be modest in success and generous in defeat
- It is a privilege to be part of a school team, please ensure all school and homework is complete. Incomplete homework will not be accepted. If homework in not completed you will not be able to play in the next match. If homework is not completed for a total of three times you will be asked to resign from the team.
- A child without a signed permission note will not be able to participate, phone permission is not acceptable.



### **TEACHERS'/ COACHES' CODE**

- Encourage students to develop basic skills in a variety of sports and avoid over specialisation in positional play during their formative years
- Create opportunities to teach appropriate sporting behaviour as well as basic skill
- Teach your players to play by the rules. The rules are designed to maximise enjoyment and safety
- Give all players equal time in the game or competition. They need and deserve it.
- Remember that students play for the fun and enjoyment and that winning should not be over emphasised. Never ridicule students for making mistakes or losing a competition.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of participants.
- When scheduling and determining the duration of training sessions and competitions, take into consideration the age and maturity levels of the students.

#### Only one training session is to be held during lunch time each week.

- Develop team respect for the ability of opponents, as well as for the judgement of officials and opposing coaches
- Follow medical advice when determining when an injured player is ready to play again.
- Remember that students need a coach they can respect. Be generous with your praise when it is deserved and set a good example.
- Keep abreast of sound coaching principles and the principles of growth and development.
- Develop in students an awareness of the physical fitness values of sports and their lifelong health and recreational value.

#### **PARENTS' CODE**

- Encourage your child to always play by the rules
- If children are interested in sport, encourage them to participate
- Remember that children participate in organised school sport for their enjoyment and fulfilment.
- Teach your child that honest effort is as important as winning so that the result of each game is accepted without undue disappointment
- Encourage your child to work towards skill improvement. Never ridicule your child for making a mistake or losing a competition.
- Always encourage the principle of good sportsmanship
- Children learn best by example. Applaud good play by all individuals and all teams
- Do not publicly question the officials' judgement and never their honesty.
- Appreciate the contribution and commitment of teachers in coaching positions. They give their time and resources to provide sporting activities for your child and deserve your support
- Have realistic expectations for your child and his/her team. Do not expect more than they can give.
- Support all efforts to remove verbal and physical abuse from sporting activities.
   Condemn the use of violence in any form.



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| I have read the players' code and will abide by them |                     |          |
|--|---------------------|----------|
| Name   | Signature           | Date     |
| I have discussed the Code of Beho                    | wiour with my child |          |
| Parent's name  | Signature           | <br>Date |