

# Hornsby South Public School

Darug and Garigal Land  
57-63 Clarke Road HORNSBY 2077  
Ph: 9489 2410 Fax: 9489 2495



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[www.hornsbysouthps.com.au](http://www.hornsbysouthps.com.au) (website)

## ACKNOWLEDGEMENT OF COUNTRY



We would like to acknowledge the Darug and Guringai Peoples as the sovereign owners of the lands on which we live and learn. We pay our respects to the Elders past, present and emerging, for they hold the memories, the traditions, the culture and hopes of Aboriginal and Torres Strait Islander Peoples across the nation. We recognise the linguistic and cultural knowledge and expertise held by the members of the oldest living culture on Earth.

*Newsletter – 28 June 2023*  
**Term 2 Week 10**

## CALENDAR

### Friday 30 June

Last Day of School Term 2

### Monday 17 July

School Development Day –  
Staff ONLY

### Tuesday 18 July

Students Return for Term 3

### 24 July - 1 August

Life Education

### Thursday July 27

OC Placement Test

### Thursday 3 August

Education Day  
9:10am – 12:00pm

### Friday 4 August

3-6 Assembly 10:30am

### Wednesday 9 August

Wakakrri 1:50pm

### 21 August - 23 August

Year 6 Camp - Canberra

# Principal's Message

## SEMESTER 1 REPORTS

Thank you to all our teachers and executive staff who have assisted with student reports. They have spent many hours preparing reports based on regular assessment information. Student reports are going home today. I am confident that each report reflects the achievement and effort of each student within their classroom context. I have enjoyed reading each student's report to see how they have progressed throughout the year. I hope you enjoy reading your child's report and celebrate his/her progress and effort.

The NSW Department of Education has a 5-point grading scale against which all students are measured. A=Outstanding; B=High; C=Sound; D=Basic; and E=Limited. Teachers make professional judgments about A-E rankings based on school-based data and outcomes outlined with the NSW Syllabuses. The 'C' or 'Sound' ranking is where many students across the state are assessed. 'C or Sound' reflects that a student is 'on-track' with his/her learning. A ranking above or below a C means your child is achieving above/below the majority, according to NSW Syllabus outcomes.

If you would like to discuss any aspect of your child's report with his/her teacher, please make an appointment by phoning the school office on 9489 2410. A digital copy of your child's report can also be accessed through the Parent Portal on Sentral.



## **NAIDOC WEEK 'FOR OUR ELDERS'**

NAIDOC Week is celebrated from 2-9 July 2023. It is a time to reflect and celebrate the history, culture, and achievements of Aboriginal and Torres Strait Islander Peoples, recognising them as the ongoing Custodians of the land. The theme 'For Our Elders' recognises our Elders have played, and continue to play, an important role and hold a prominent place in our communities and families.

Our students will be participating in NAIDOC activities throughout Week 10 of this term. The Aboriginal and Torres Strait Islander Committee have created lessons for all classes to participate in throughout the week. There is also a colouring competition being held. This was due back to school on Monday 26 June. Stage leaders will be deciding on the winners, and these will be announced on Friday 30 June at 10:30am during the NAIDOC Week Assembly. Jack and Jill Pre-School will be joining us for this special occasion and parents/carers and families are welcome to attend.

## **MULTI-SPORT DAY 2023**

Last week, Kye and Gideon from Year 2 enjoyed participating in an Inclusive Multi-Sports Day at Billbergia Indoor Sports Centre, Camellia. They joined over 110 students from across the Sydney area and had great fun rotating through a variety of different activities throughout the day.



## **PERFORMANCE BAND AT CLARKE ROAD SCHOOL**

Congratulations to the HSPS Performance Band who ventured over to Clarke Road School on Friday 23 June to perform for the Clarke Road students. Thank you to Matt in the Hat, our parent helpers Megan S. and Michelle M. and Mrs Nicola Hall for assisting the students with all their equipment. They played beautifully and were wonderful representatives of Hornsby South.

## **CONGRATULATIONS**

Congratulations to Cielle K. who has been successful in her application to play a violin solo at the upcoming Australis Concert at the Sydney Opera House as part of the State Music Festival. Cielle will play Praeludium and Allegro for her violin solo on Tuesday 15 August 2023. We look forward to hearing her play and wish her well.

## **INTERSCHOOL DEBATING**

Congratulations to our senior debating team which consisted of Oliver M., Olivia H., Nia N., Julia S. and Alex Y. The team were successful in winning the debate against Mount Kuring-gai Public School on the topic "Should students in Year 5 and above be restricted to an hour of screentime per day?" We wish the very best for their next debate.



## HSPS ATHLETICS CARNIVAL

On Wednesday 21 June, we were very fortunate to have such beautiful weather for our annual Athletics Carnival at Pennant Hills. We would like to thank the community for their patience and understanding as some of the Stage 2 students returned to school later than was anticipated due to a shortage of bus drivers and buses. Thank you to Miss Monique Oliphant and the Stage 3 team for their organisation and the many hours of work preparing for the day. Thank you also to Mr Adam Spencer, Mr Paul Winspear, Mr Gary Goodchild and Mr Desmond Chu for arriving very early on the morning to set up in the chilly weather and pack down after the event. There were many records broken on the day;

Oliver M - 12 years boys- 800m (3:04.9) and Senior boys- 1500m (6:13.79)

Sahil K - 13 years boys- 100m (18.38)

Curtis L - Junior boys- 1500m (6:24.98)

Sahitya S - 11 years boys - 1500m (6:28.64)

Meka C - 9 years girls- 100m (16.52)

Charlotte J- 11 years girls- 200m (34.30)

Annabelle D - Junior girls - 1500m (6:58.22)

Sarah J - Senior girls- 1500m (6:15.22)

Congratulations to these students and to all the students who will represent our school at the Zone Athletics Carnival on Friday 18 August 2023.



## CHECK-IN ASSESSMENT RESULTS FOR YEARS 4 AND 6

Our Check-In Assessment results were released last week, showing some pleasing improvements moving above similar schools in both Year 4 and Year 6 numeracy and well above the state.

### Year 4 Check-In Assessments for Reading

59.9% SCHOOL 60.2% SIMILAR SCHOOLS and 53.3% STATE

With strength shown in Vocabulary

### Year 4 Check-In Assessments for Numeracy

72.2% SCHOOL 69.2% SIMILAR SCHOOLS and 61.1% STATE

With strength shown in Statistics and Probability

### Year 6 Check-In Assessments for Reading

60.1% SCHOOL 60.5% SIMILAR SCHOOLS and 52.7% STATE

With strength shown in Vocabulary

### Year 6 Check-In Assessments for Numeracy

69.0% SCHOOL 66.6% SIMILAR SCHOOLS and 57.3% STATE

With strength shown in Measurement and Geometry

## TELL THEM FROM ME – STUDENT SURVEY

*Positive Behaviour for Learning (PBL) - Respectful, Responsible, Aspire*



Over the last few weeks, students in Years 4, 5 and 6 participated in the Tell Them From Me Student Survey. Our school analyses student survey data to assist with school planning and the implementation of initiatives that pursue school improvements. Improvements or same results in the domains compared to the Semester 2 2022 results have been listed below.

### **Social Emotional Outcomes**

#### **2022 (Semester 2) 2023 (Semester 1)**

Students with a **positive sense of belonging**

Year 4 84% (NSW Govt Norm 81%) in 2022

Year 4 **84%** (NSW Govt Norm 81%) in 2023

Students with **positive relationships**

88% (NSW Govt Norm 85%) in 2022 in 2022

**88%** (NSW Govt Norm 85%) in 2023 in 2023

Students that **value schooling outcomes**

95% (NSW Govt Norm 96%) in 2022

**96%** (NSW Govt Norm 96%) in 2023

Students with **positive behaviour at school**

96% (NSW Govt Norm 83%) in 2022

**96%** (NSW Govt Norm 83%) in 2023

Students who are **interested and motivated**

68% (NSW Govt Norm 78%) in 2022

**72%** (NSW Govt Norm 78%) in 2023

Students **try hard to succeed** in their learning

88% (NSW Govt Norm 88%) in 2022

**88%** (NSW Govt Norm 88%) in 2023

### **DRIVERS of student Outcome**

#### **2022 (Semester 2) 2023 (Semester 1)**

Students who are **victims of bullying**

25% (NSW Govt Norm 36%) in 2022

**23%** (NSW Govt Norm 36%) in 2023

Students with a **positive growth orientation**

78% (NSW Govt Norm 79%) in 2022

**82%** (NSW Govt Norm 79%) in 2023

Areas that indicated no change or a slight drop have been investigated further through student focus groups with Years 5 and 6.

### **SEMESTER 2 THREE-WAY FOLLOW UP INTERVIEWS**

During Weeks 3, 4 and 5 of Term 3, parents/carers have been invited to attend a follow-up three-way interview, providing an opportunity to speak to their child's teacher/s about their child's learning journey.

This three-way interview actively involves parents, students and teachers reflecting on goals/targets. Students will participate in the interview about their learning, taking ownership of their learning journey. Students will provide information to clarify what they have learnt and what the next steps are in their learning.

**Please bring your child with you to the interview if you are attending outside of school hours.**

If you missed the information on Sentral, please follow the instructions below to book an interview. If you are unable to make it on the assigned day for your class, please contact the office on 9489 2410 so another date and time can be arranged.

Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and enter the code **8upus**

**Positive Behaviour for Learning (PBL) - Respectful, Responsible, Aspire**





Enter your details



Select the teacher you wish to see



Select the appointment time that suits your family best

**Bookings will close on Thursday 29 June 2023 at 5pm**

### **MEDIEVAL CASTLES FOR KINDERGARTEN**

Thank you to David H for his very kind donation. Each Kindergarten class received a beautiful medieval construction set for the classroom. The students will certainly enjoy playing and sharing these with each other.

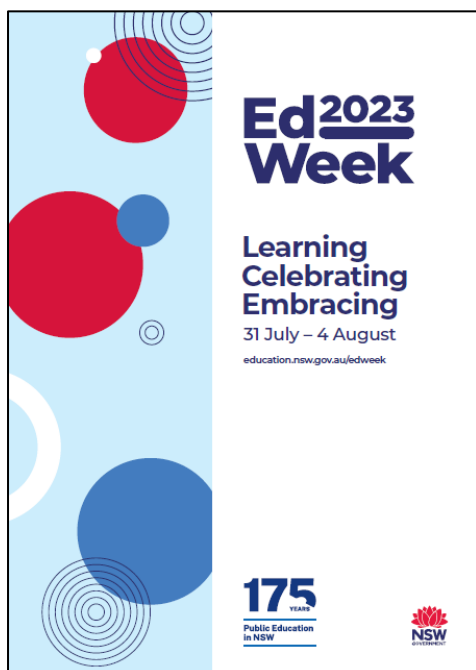
### **KINDERGARTEN 2024**

We are currently taking enrolments for Kindergarten 2024. Please complete an online enrolment or speak to our lovely office staff on 9489 2410.

### **HOLIDAY MESSAGE**

As the holiday break approaches, I would like to wish all Hornsby South families a safe and happy holiday break. Thank you to the students and all our wonderful staff for a fantastic term. We look forward to seeing you again in Term 3. Term 3 starts on Tuesday 18 July 2023. Monday 17 July is a designated School Development Day. Our staff will be involved in professional learning focusing on the new 3-6 English and Mathematics syllabuses on this day.

### **EDUCATION WEEK 2023**



Our Education Day for 2023 will take place on Thursday 3 August. This year we are celebrating 175 years of Public Education in NSW.

We look forward to welcoming parents, carers, family and friends on this day. Everyone is encouraged to dress up in olden day clothes for the day.

The day of celebrations will begin at approximately 9:20am in the front playground, followed by open classrooms, a community morning tea, teddy bears' picnic on the oval and a historical display in the school hall.

We ask that all adults conduct a RAT prior to attending the school on this day. We will also be encouraging all adults to wear a mask as they enter our classrooms.



**Jennifer Davey**  
Principal



## LOOKING AFTER OUR MENTAL HEALTH

This week our Mental Health information looks at some of the symptoms of depression. Please take some time to read this information.

There are many community resources available to assist you should you need. Please see contact information for some of these services at the end of the newsletter.

## KINDERGARTEN 2024

We are now taking enrolments for Kindergarten 2024. Please see the flyer included in this newsletter for important dates including Kindergarten Play Groups, Kindergarten Orientation Dates and the Kindergarten 2024 Parent Information sessions.

## Know your sun facts from your sun fiction

### Sun safe hats

#### Did you know that when it comes to sun protection, not all hats are equal?

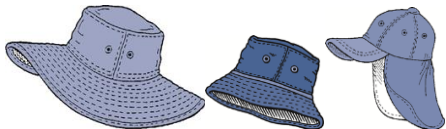
We all know that sun safe hats help protect against skin cancer and eye damage. But did you know that baseball caps do not provide adequate protection from the sun? There is very clear evidence that baseball caps leave the cheeks, ears, chin and back of the neck exposed to ultraviolet radiation, and this is the site of many skin cancers in later life.

#### We're championing sun safe hats

Our school recognises the need to protect student's skin and educate them about sun safety to reduce the risk of skin cancer. We provide ongoing education that promotes healthy lifestyles and individual and collective responsibility for sun safety. Sun safe hats are part of our schools comprehensive approach to sun safety and are supported in the following ways: *Schools – please select the points following that apply to your school and insert your own*

- Students were involved in designing the school sun safe hat
- The school hat is part of our school uniform and is a sun safe design
- Messages about sun safe hats are included in student diaries
- When planning outside events we put emphasis on time of day and shade planning
- Students wear sun safe hats for PE and Sport and at lunch time
- We consider sun safety and the wearing of sun safe hats when planning school excursions
  
- We ask all teachers and parents to take a proactive approach to hats and to model sun safe hats for outdoor school events
- We have a rewards system in place to recognise students that consistently wear their sun safe hat.

#### Sun-safe hats include broad-brimmed, bucket and legionnaire styles



#### Want to know more?

[Sun safety](#) on the public schools website

[SunSmart Primary Schools](#) or call the SunSmart team on (02) 9334 176



**Carolyn Smith**  
Deputy Principal



## SCHOOL HOLIDAYS AND ACCESS

A reminder that during the holiday period our school office is closed. If you are visiting the school for drop-off or pick-up from vacation care with OSHClub, please take a moment to look around. If you notice anything out of the ordinary, including anyone who you believe should not be here, please call the school security unit on 1300 88 00 21.

## MEDICAL CONDITIONS

We wish to thank the many families who will be using the school holidays to meet with health professionals to meet the Department of Education requirements for students with health conditions. It is a requirement that all documentation is updated on a yearly basis. We thank families for their continued support in these matters. If you are unsure of when you would be required to update your child's documentation, please call our school office.

## KOORI KINNECTIONS

Over the past few weeks we have had the privilege of welcoming Koori Kinnections into our school. Each class participated in learning experiences focused on aspects of Aboriginal culture with a Koori Kinnections learning specialist. The students enjoyed every moment of the activities and learning more about Aboriginal culture.



**Adam Spencer**  
Assistant Principal



## THE IMPORTANCE OF READING TO AND WITH YOUR CHILD

Parents hear it all the time: it's important to read to your kids. But why exactly is that? And does it matter how — or when, or what — you read to them?

Being read to supports that crucial learning process. Research has found that young children whose parents read to them daily have been exposed to at least 290,000 more words by the time they enter kindergarten than kids who aren't read to regularly. And depending on how much daily reading time kids get, that number can go up to over a million words. All that exposure likely makes it easier for kids to expand their vocabularies and understand the variety of texts they'll need to read as they get older, both inside school and out.

Having time to read with a parent or caregiver isn't just about the activity of reading. It's about having consistent, focused time together, without other distractions or demands. Even a few minutes of reading together gives both you and your child a chance to slow down, connect with each other, and share an enjoyable activity.

Reading with your child at home will help your child in all areas of school. Research shows the importance of reading on a daily basis in developing their use and understanding of vocabulary.



## RACISM AT SCHOOL

Racism and racist behaviour are not tolerated in NSW public schools. Everyone in a NSW government school – students, staff, parents, carers and community members – is expected to treat others fairly and with respect, and to behave in ways which do not promote racism in the school community.

If your child is experiencing racial discrimination at school, you should encourage them to report it to a teacher or the school's Anti-Racism Contact Officer, or you may report it on your child's behalf.

If you have experienced racism at school, you may make a complaint to the school. The Anti-Racism Contact Officer may provide you with assistance if you need it.

At HSPS our Anti-Racism Contact Officers (ARCO) are Mr Paul Winspear and Mrs Skye Harper. Please see the link to the DET factsheets with information about the Anti-Racism Policy and the role of the Anti-Racism Contact Officer. This information is available in a number of different languages. <https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/anti-racism-policy-letter-to-parent-and-carers>







**Mrs Skye Harper**  
Assistant Principal, Curriculum and Instruction

## **ATTENDANCE**

As we head into the end of the term, it remains important that your child attends school every single day. Being at school is the best place for students to learn as well as to keep social connections and build life-long skills.

We understand that families are eager to see and reconnect with loved ones and take a well-deserved break, but please remember that planned travel should only be taken during scheduled school holidays.

Students should be at school every day during school terms, including until the end of term, unless they are sick or are absent for a justified reason. Missing a day here or there may not seem like much, but absences add up and can negatively impact your child's learning and wellbeing. When your child misses one day a week, that's 40 days of school and 8 weeks of learning in one year. Over an entire school journey this adds up to 2.5 years of lost learning.

We want to do everything we can to help all students be at school every single day, because every day counts. If you have any concerns or questions please talk to me, the front office staff or your class teacher.



# Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

**1** day per fortnight = **4** weeks  = Over **1** year missed



**1** day per week = **8** weeks  = Over **2.5** years missed



education.nsw.gov.au



## EVERY MINUTE COUNTS . . .

When your child misses just . . .	that equals . . .	which is . . .	and therefore, from Kindy to Year 12, that is . . .
10 minutes a day	50 minutes of learning each week	Nearly 1 ½ weeks per year	Nearly ½ a year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2 ½ weeks per year	Nearly a year of school
½ hour a day	½ a day of learning a week	4 weeks a year	Nearly 1 ½ years of school
1 hour a day	1 whole day of learning each week	8 weeks per year (nearly a term)	Over 2 ½ years of school

**Your child's best learning time is at the beginning of the day!**



**School starts at 9:10am**

Positive Behaviour for Learning: *Respectful, Responsible, Aspire*



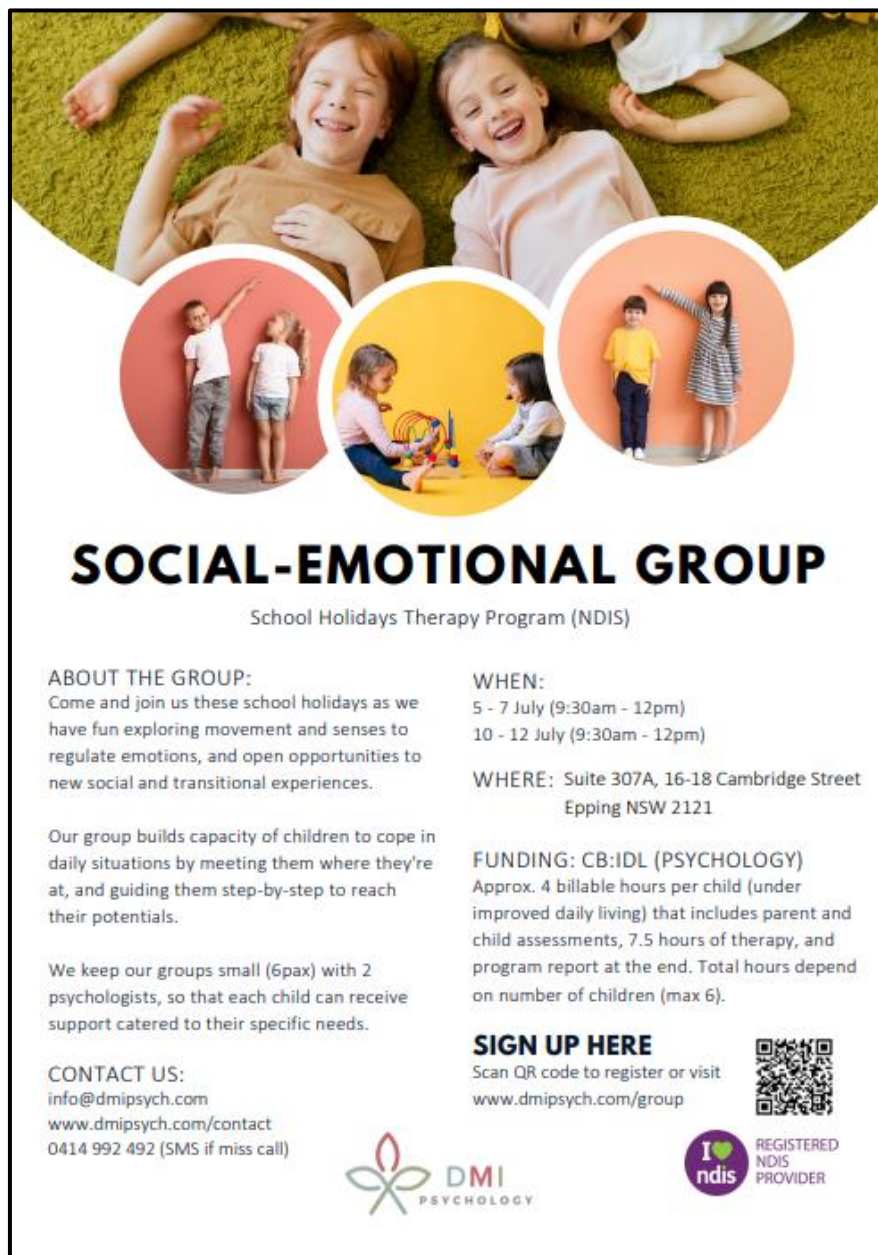
## SCHOOL HOLIDAY SOCIAL-EMOTIONAL PROGRAM (NDIS)

This school holiday program is run by a team of psychologists and mental health professionals to support children with a psychosocial disability on the NDIS. The program is set to launch in Epping during the upcoming school holidays.

These meticulously crafted programs have been specifically tailored to empower children in enhancing their emotional regulation and social aptitude. Enrolments are now open for children aged 5-9 or 9-12 years old, providing them with an invaluable opportunity for personal growth.

For further details, kindly refer to the flyer below. Should you have any questions, please do not hesitate to contact us.

To enrol or refer a child, simply fill in the referral form by [clicking here](#), and one of the friendly psychologists will be in touch shortly. Register soon as spaces are limited to 6 children per group!



The flyer features a top image of three children lying on a green rug, smiling. Below this are three circular inset images: two children standing and talking, two children sitting on the floor with toys, and two children standing and talking. The title 'SOCIAL-EMOTIONAL GROUP' is prominently displayed in bold black letters, with 'School Holidays Therapy Program (NDIS)' underneath. The flyer is divided into sections for 'ABOUT THE GROUP', 'WHEN', 'WHERE', 'FUNDING', 'SIGN UP HERE', and 'CONTACT US'. It includes a QR code and logos for DMI Psychology and NDIS.

### SOCIAL-EMOTIONAL GROUP

School Holidays Therapy Program (NDIS)

**ABOUT THE GROUP:**  
Come and join us these school holidays as we have fun exploring movement and senses to regulate emotions, and open opportunities to new social and transitional experiences.

Our group builds capacity of children to cope in daily situations by meeting them where they're at, and guiding them step-by-step to reach their potentials.

We keep our groups small (6pax) with 2 psychologists, so that each child can receive support catered to their specific needs.




**CONTACT US:**  
info@dmipsych.com  
www.dmipsych.com/contact  
0414 992 492 (SMS if miss call)

**WHEN:**  
5 - 7 July (9:30am - 12pm)  
10 - 12 July (9:30am - 12pm)

**WHERE:** Suite 307A, 16-18 Cambridge Street  
Epping NSW 2121

**FUNDING: CB:IDL (PSYCHOLOGY)**  
Approx. 4 billable hours per child (under improved daily living) that includes parent and child assessments, 7.5 hours of therapy, and program report at the end. Total hours depend on number of children (max 6).

**SIGN UP HERE**  
Scan QR code to register or visit  
www.dmipsych.com/group



REGISTERED  
NDIS  
PROVIDER



**Miss Kylie Madden**  
Assistant Principal, Learning and Support





# Transport

<b>Respectful</b>	<ul style="list-style-type: none"><li>• I will keep on the left when standing.</li><li>• I will be considerate to others.</li><li>• I will allow others to exit.</li></ul>	
<b>Responsible</b>	<ul style="list-style-type: none"><li>• I will obey the road rules.</li><li>• I will stay seated until the bus stops.</li></ul>	
<b>Aspire</b>	<ul style="list-style-type: none"><li>• I will wait in the correct area.</li><li>• I will be a role model.</li></ul>	

## WHERE EVERY FACE HAS A PLACE

### POSITIVE BEHAVIOUR FOR LEARNING - TRANSPORT

The school holidays are coming soon and each class has been learning to demonstrate the expectations when transitioning close to a road or through a thoroughfare. At school, your child learns about road safety as part of Personal Development, Health and Physical Education (PDHPE).

Here is a link to the Safety Town website which has many stories and visuals explicitly teaching students the expectations when using public transport:

<https://www.safetytown.com.au/>

Help the students at Hornsby South Public School revise the pedestrian safety messages by using them and sharing them whenever you are out and about.

- Hold a grown-up's hand when
  - you cross the road
  - you're on the footpath
  - you're in the car park
- Use a safe place to cross the road
- Stop! Look! Listen! Think! every time you cross the road
- If there is a crossing supervisor available, listen to what they say and wait until they indicate it is safe to cross.

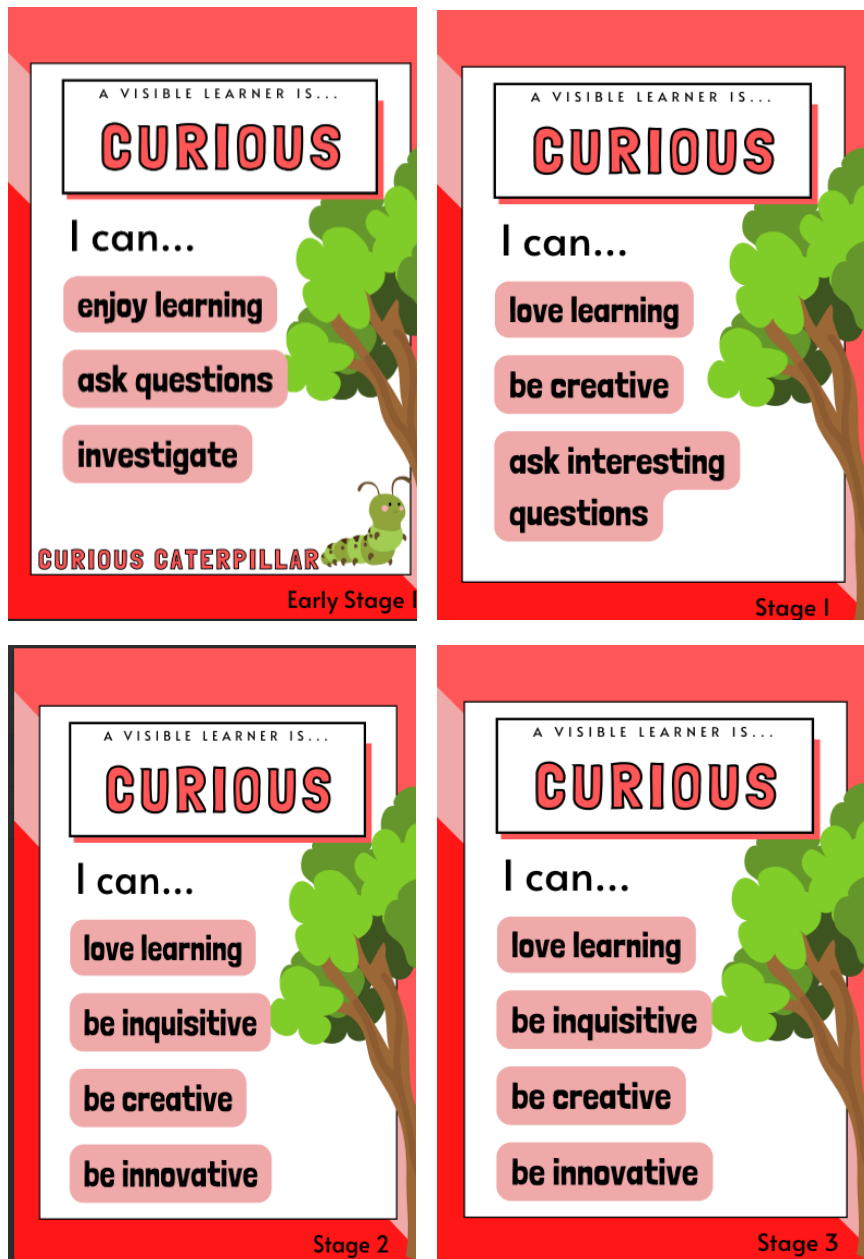


**Miss Stephanie Jensen**  
Relieving Assistant Principal Year 2



## POSITIVE BEHAVIOUR FOR LEARNING - VISIBLE LEARNING

Visible Learning is an effective methodology to promote independence and student growth in both academic and social domains. To help spark a few school conversations at the dinner table, try asking your child the following questions relating to the mindframe of **being curious**.



*What are you passionate about?*

*How did you show your curiosity today? Which questions did you ask your teacher or friends?*

*What did you create in mathematics?*

*What would you want to investigate further? How could we do this as a family?*

*How can you be curious tomorrow during learning time?*



**Ms Morales & Miss Oliphant**  
Visible Learning Coordinators



# Congratulations to our PBL Award Winners Gold Award Winners

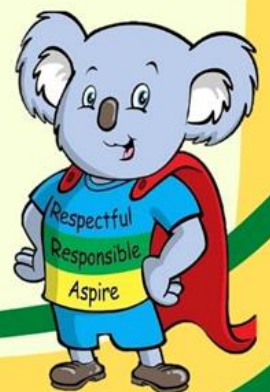


**Shawn K, Atkish P, Elisabeth M, Diyan C, Tanvi K,  
Aaraya K, Ellie S, Isaac S, Patrick M L  
Leah C, Kate Li, Mukul D, Yug, S, Daksh N, Kai O, Ethan L,  
Tabitha M, Ann T**

## Platinum Award Winners



**Jin T**



# Kindergarten Celebrating Reconciliation Week

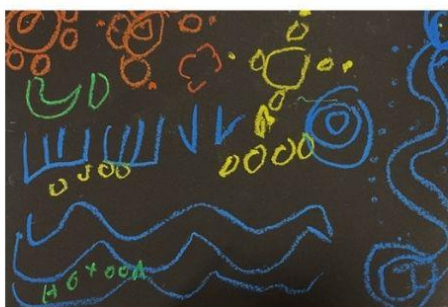
Kindy Possums



Kindy Echidnas

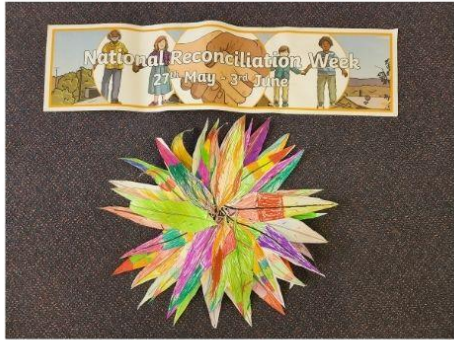


**Kindy Kangaroos** During Reconciliation Week, Kindergarten Kangaroos listened to the story 'Two Mates' and wrote a sentence about what friendship means to them. Kangaroos know that a friend can be someone who is different to them. Kangaroos also learned about different Aboriginal symbols. They also learned that the Aboriginal symbols used can tell a story.



# Stage 1 Celebrating Reconciliation Week

1B



1M



RECONCILIATION WEEK IN 2W

2W



2J





# Stage 2 Celebrating Reconciliation Week

**3/4M** appreciated the land that our school is on, and they are learning how to be grateful for what the land offers. We also spoke about the importance of acknowledging the land we are on (including seas, rivers and lakes) and how they are the core belief for Aboriginal and Torres Strait Islander people, and how it is fundamental to our wellbeing. The land and sea is a whole environment that sustains us and is sustained by peoples and cultures. Apart from spiritual significance, where the very essence of history is embedded in features of the environment, land and sea provide everything we need. Always was. Always will be.

**4H**



**3J**



# Stage 3 Celebrating Reconciliation Week

5G



5S



**6A** Created a Durag Dictionary! Each student created an artwork to represent that word. This dictionary will now be in each classroom of the school!



**60** created an impressive poem and art works which they presented at the 3-6 assembly.



## HORNSBY SOUTH ATHLETICS CARNIVAL



### CROSS COUNTRY RESULTS

It was fantastic to see so many participants in the School Cross Country Carnival on Friday 6 May. The 8, 9 and 10 year olds completed a 2 kilometer course and the 11,12 and 13 year olds a 3 kilometer course. Congratulations to the below athletes:

8/9 Years Boys	8/9 Years Girls
<ol style="list-style-type: none"> <li>Curtis L</li> <li>Jin T</li> <li>Jayden R</li> <li>Yota G</li> <li>Daniel S</li> <li>Zechariah W</li> </ol>	<ol style="list-style-type: none"> <li>Isabelle L</li> <li>Kate L</li> <li>Meka C</li> <li>Alyssa C</li> <li>Rina K</li> <li>Isabella W</li> </ol>
10 Years Boys	10 Years Girls
<ol style="list-style-type: none"> <li>Jackson T</li> <li>Damon B</li> <li>Jayden G</li> <li>Nicholas R</li> <li>Eric S</li> <li>Aarav J</li> </ol>	<ol style="list-style-type: none"> <li>Simone L</li> <li>Christine K</li> <li>Annabelle D</li> <li>Melody Z</li> <li>Jasmine H</li> <li>Isabella Z</li> </ol>
11 Years Boys	11 Years Girls
<ol style="list-style-type: none"> <li>Mitchell H</li> <li>Talon P</li> <li>Hiten B</li> <li>Patrick M</li> <li>Suyash B</li> <li>Jenson L</li> </ol>	<ol style="list-style-type: none"> <li>Valerie W</li> <li>Charlotte J</li> <li>Amber L</li> <li>Imogen M</li> <li>Annabel B</li> <li>Suluxmi S</li> </ol>
12/13 Years Boys	12/13 Years Girls
<ol style="list-style-type: none"> <li>Oliver M</li> <li>Jin K</li> <li>Edward S</li> <li>Jamie M</li> <li>Isaac S</li> <li>Kai H</li> </ol>	<ol style="list-style-type: none"> <li>Sarah J</li> <li>Olivia H</li> <li>Jennifer F</li> <li>Sarah S</li> <li>Sasha S</li> <li>Neeomi G</li> </ol>



## **HORNSBY SOUTH PERFORMANCE BAND PLAYS AT CLARKE ROAD SCHOOL**

Last Friday morning, the talented musicians of Hornsby South Public School Performance Band graced the stage at Clarke Road Public School, captivating Clarke Road Public School students with their incredible talent and passion for music.

Under the guidance of band conductor, Matt in the Hat, the band delivered a mesmerizing performance that showcased their hard work and dedication. Keep up the fantastic work, Hornsby South Public School Performance Band!



## **MULTICULTURAL PUBLIC SPEAKING COMPETITION 2023**

Congratulations to all 24 students who participated in the MPPS School Finals on Thursday, 18th May and Wednesday, 24th May. Special acknowledgement goes to Regina T. and Izaan A. (Stage 2) and Amber L. and Valerie W. (Stage 3) for winning their respective finals and earning a place in the upcoming Local Schools Final.

The quality of all speeches was outstanding, and the support from the audience made the event a wonderful occasion. The judges were impressed by the students' knowledge, public speaking skills, and ability to think on their feet.

I would like to thank all the students, teachers, and attending parents who made this event possible and on behalf of the school community, we wish our finalists continued success at the next stage of this event.



# LOST PROPERTY

There are huge amounts of lost property left around our school grounds each day.

The *Lost Property* is located outside the front office.

We encourage parents to come take a look before the end of term to collect any items that belong to their child/ren.

***It really helps if all items are labelled with your child's name and class*** including drink bottles and lunch boxes/containers as we try to return all items of lost property that have names on them.

We encourage all students and families to check the lost property on a regular basis.

If not claimed items/clothing will be donated to charity or the uniform shop.

Below is just an example of some of the lost items of clothing.





# Hornsby South Public School



## Kindergarten 2024 Orientation Dates

### Guided Tours of the School for Kindergarten 2024

Please ring the school office to book one of the 2023 dates below.

Friday June 2, Wednesday June 21,  
Monday August 21, Thursday September 14,  
Friday October 20, Tuesday November 7, Friday December 8  
*All tours start at 9:30am from the school office.*

### Information Session for Kindergarten 2024 Parents

*A booking is not necessary for this event.*

Wednesday 30 August in the school hall 9:30am - 10:30am or 6:30pm - 7:30pm

### Play Group Sessions for children enrolled in Kindergarten in 2024

Please book either one or two sessions at [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)

Friday 1 September 2023 1:45pm -2:40pm  
Friday 8 September 1:45pm-2:40pm  
Friday 15 September 1:45pm-2:40pm

### Beginner Group Sessions for children enrolled in Kindergarten in 2024

*Please book up to three sessions.*

*A booking form will be provided with your enrolment pack.*

Tuesday 17 October 9:30am-11:00am  
Wednesday 25 October 9:30am-11:00am  
Thursday 2 November 9:30am-11:00am

### Pre-Entry to School Interviews for Kindergarten 2024 Parents

Monday 27 November 2023- Friday 1 December 2023

*Please make a booking at [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)*

### BEST START Interviews for 2024 Kindergarten

Thursday 1 February 2024 -Monday 5 February 2024

*Please make a booking at [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)*

### Start Date for Kindergarten 2024 Kindergarten

Tuesday 6 February 2024

*A Starting Date and time will be provided with your enrolment pack.*



For more information Ph: 9489 2410 Fax: 9489 2495  
Hornsby South Public School 57-63 Clarke Road Hornsby NSW 2077  
E-mail: [hornsbysth-p.school@det.nsw.edu.au](mailto:hornsbysth-p.school@det.nsw.edu.au)  
Website: [hornsbysth-p.schools.nsw.edu.au](http://hornsbysth-p.schools.nsw.edu.au)  
NSW Department of Education CRICOS Code 00588M





Science.  
Compassion.  
Action.

## Symptoms of depression



### What the fact sheet covers:

- Distinguishing depression from an occasional 'down' mood
- Symptoms of depression
- When to seek help for depression
- Where to get more information.

### Distinguishing depression from an occasional 'down' mood

Depression is a common experience, with one in seven Australians experiencing depression in their lifetime. We all face periods of feeling low and a bit depressed; experiences such as having a bad day at work or hearing some bad news can impact on our mood. Sometimes we might even feel sad for no reason at all.

In most cases, people 'bounce back'; however, people with clinical depression struggle to pick themselves up when feeling down. If symptoms of depression are severe, last for two weeks or more, and affect your functioning at home or at work, you should see a health professional.

### Symptoms of depression include:

- Feeling bad about yourself

- Changes in sleep patterns
- Changes in appetite or weight
- Feeling overwhelmed by pessimism, anger, guilt, irritability and anxiety
- Varying emotions throughout the day – for example, feeling worse in the morning and better as the day progresses
- Reduced or lack of enjoyment of previously enjoyed activities
- Reduced interest in sex
- Reduced pain tolerance
- Poor concentration and memory
- Low motivation to do things that used to matter to you
- Feeling exhausted.



**Black Dog  
Institute**



## When to seek help for depression

If symptoms of depression are severe, last for two weeks or more, and affect your functioning at home or at work, you may need to see a health professional. Having one or two symptoms by themselves is unlikely to indicate depression. However, there could be physical causes for your symptoms which may warrant medical assessment.

**If you are feeling suicidal, contact Lifeline's 24-hour crisis support service on 13 11 14 or seek immediate help** from a GP, psychiatrist or psychologist.

## Key points to remember

- Occasionally feeling depressed or down is a common experience.
- Professional healthcare advice should be sought if feelings of depression are severe, last for two weeks or more, and day-to-day functioning is impaired.
- **If you're feeling suicidal, seek immediate help** by calling one of the helplines below or speaking to your GP, psychologist or psychiatrist.

## Where to get more information

### Additional resources & support

For more mental health resources and support tools that are research-informed and recommended by professionals visit: [www.blackdoginstitute.org.au/resources-support/](http://www.blackdoginstitute.org.au/resources-support/)

- Depression self-test
- Causes
- Types
- Treatments
- Seeking help.

### Depression fact sheets

[www.blackdoginstitute.org.au/resources-support/fact-sheets/](http://www.blackdoginstitute.org.au/resources-support/fact-sheets/)

Find a range of fact sheets, including:

- Causes of depression
- Depression in adolescents
- Depression in older people
- Managing depression with exercise.

## Helplines:

**Lifeline: 13 11 14**

[www.lifeline.org.au](http://www.lifeline.org.au)

24-hour Australian crisis counselling service

**Suicide Call Back Service: 1300 659 467**

[www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

24-hour Australian counselling service

**beyondblue: 1300 22 4636**

[www.beyondblue.org.au](http://www.beyondblue.org.au)

24-hour phone support and online chat service and links to resources and apps

**Kids Helpline: 1800 55 1800**

[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

Free confidential 24-hour counselling for young people aged 5 to 18

**QLife (3pm – midnight): 1800 184 527**

[www.qlife.org.au](http://www.qlife.org.au)

National counselling and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex.



## For more information

Visit our website [blackdoginstitute.org.au](http://blackdoginstitute.org.au)  
Find us on social media @blackdoginst



This document may be freely downloaded and distributed on condition no change is made to the content. The information in this document is not intended as a substitute for professional medical advice, diagnosis or treatment. Not to be used for commercial purposes and not to be hosted electronically outside of the Black Dog Institute website.








## Resources for Families

If you or your child needs to talk to someone...

Name	About	Phone	Online
 <b>Kids Help Line</b>	For anyone 25 or under - Kids Helpline is a free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25.	1800 55 1800 24/7	Webchat 24/7 <a href="https://kidshelpline.com.au/get-help/webchat-counselling">https://kidshelpline.com.au/get-help/webchat-counselling</a>
 <b>Lifeline</b>	For all ages - 24-hour crisis support telephone service. Lifeline provides 24/7 crisis support and suicide prevention services.	CALL: 13 11 14 24/7  TEXT: 0477 131114 6:00PM - Midnight	Crisis Support Chat 7:00PM – Midnight <a href="https://www.lifeline.org.au/get-help/online-services/crisis-chat">https://www.lifeline.org.au/get-help/online-services/crisis-chat</a>
 <b>Suicide Call Back Service</b>	A nationwide service that provides 24/7 telephone and online counselling to people who are affected by suicide, experiencing thoughts of self-harm or suicide	1300 659 467 24/7	Online Chat 24/7 Video Chat 24/7 <a href="https://www.suicidecallbackservice.org.au/">https://www.suicidecallbackservice.org.au/</a>
 <b>Youth Beyond Blue</b>	Beyond Blue provides information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live.	1300 22 4636 24/7	Chat Online 3:00PM - Midnight <a href="https://www.youthbeyondblue.com/">https://www.youthbeyondblue.com/</a>
 <b>Headspace</b>	eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends.	N/A	Group Chat 24/7 1 on 1 Chat 9AM - 1AM <a href="https://headspace.org.au/eheadspace/">https://headspace.org.au/eheadspace/</a>
<b>1800RESPECT</b>  	Confidential information, counselling and support service, open 24 hours to support people impacted by sexual assault, domestic or family violence and abuse	1800 737 732 24/7  Interpreter: 13 14 50	Online Chat 24/7 <a href="https://chat.1800respect.org.au/#/welcome">https://chat.1800respect.org.au/#/welcome</a>
<b>Mental Health Line</b>  	A mental health professional will answer your call about mental health concerns for you or someone you are concerned about, including children, teens, adults and older people	1800 011 511 24/7	<a href="https://www.health.nsw.gov.au/mentalhealth/Pages/Mental-Health-Line.aspx">https://www.health.nsw.gov.au/mentalhealth/Pages/Mental-Health-Line.aspx</a>






**If you are looking for an app to support you or your child...**



Name	About	Website
<p><b>Calm Harm</b></p> 	<p>Calm Harm provides tasks that help you resist or manage the urge to self-harm. You can add your own tasks too and it's completely private and password protected.</p>	<p>Free</p> <p>App Store Google Play</p>
<p><b>Clear Fear</b></p> 	<p>The fear of threat, or anxiety, is like a strong gust of wind. It drags you in and makes you want to fight it or run away.</p> <p>Instead, face your fear with the free Clear Fear app and learn to reduce the physical responses to threat as well as changing thoughts and behaviours and releasing emotions.</p>	<p>Free</p> <p>App Store Google Play</p>
<p><b>ReachOut Worry Time</b></p> 	<p>ReachOut WorryTime interrupts repetitive thinking by setting aside your worries until later, so you don't get caught up in them and can get on with your day. This means you can deal with worries once a day, rather than carrying them around with you 24/7</p>	<p>Free</p> <p>App Store</p>
<p><b>ReachOut Breathe</b></p> 	<p>ReachOut Breathe helps you reduce the physical symptoms of stress and anxiety by slowing down your breathing and your heart rate with your iPhone</p>	<p>Free</p> <p>App Store</p>
<p><b>Smiling Mind</b></p> 	<p>Smiling Mind is a meditation app for young people. It has been developed by a team of psychologists and uses mindfulness to boost calmness, contentment and clarity. Mindfulness meditation has been shown to help manage stress, resilience, anxiety, depression and improve general health and wellbeing.</p>	<p>Free</p> <p>App Store Google Play</p>
<p><b>WellMind</b></p> 	<p>WellMind is designed to help you with stress, anxiety and depression. The app includes advice, tips and tools to improve your mental health and boost your wellbeing.</p>	<p>Free</p> <p>App Store Google Play</p>



If you are seeking additional information...

Name	About	Website
<b>Raising Children</b>  raisingchildren.net.au the Australian parenting website	Provides up-to-date, evidence-based, scientifically validated information about raising children and caring for yourself as a parent or carer.	<a href="https://raisingchildren.net.au/">https://raisingchildren.net.au/</a>
<b>ReachOut</b> 	Our mission is to deliver innovative e-mental health services that enable young people to take control of their mental health and wellbeing.	<a href="https://au.reachout.com/">https://au.reachout.com/</a>
<b>Black Dog Institute</b> 	Primary areas of mental health research and treatment include: depression, bipolar disorder, post-traumatic stress disorder (PTSD), anxiety, workplace mental health, adolescents and young people, suicide prevention, e-mental health, and positive psychology and wellbeing.	<a href="https://www.blackdoginstitute.org.au/">https://www.blackdoginstitute.org.au/</a>

If you are looking for online support...

Name	About	Website
<b>The BRAVE Program</b> 	BRAVE-ONLINE is an evidence-based cognitive behavioural therapy (CBT) available online to help children (8-12) and teenagers (13-17) cope with anxiety	<a href="https://www.brave-online.com/">https://www.brave-online.com/</a>
<b>Smiling Mind</b> 	Online and app-based program to improve wellbeing of young people through mindfulness meditation.	<a href="https://www.smilingmind.com.au/">https://www.smilingmind.com.au/</a>

**Are you in danger?**

If you, or someone you are with is in immediate danger please call:

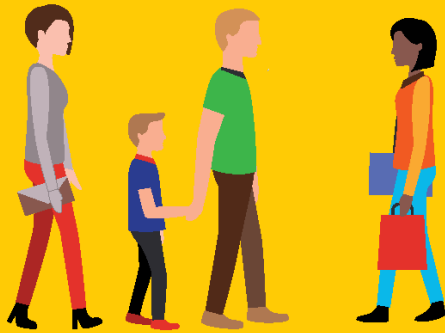
 **000**

or

go to your nearest hospital emergency department







# STOP, LOOK, LISTEN!



Each year, too many pedestrians die or are seriously injured on our roads. Many of these incidents are preventable.

If you follow these simple tips, it could save your life or the lives of others:

-  Cross at pedestrian lights or zebra crossings where they are available. Wait for the light to turn green and check for cars before stepping out.
-  Do not look at your phone or electronic devices when crossing the road under any circumstances. It's simply not worth the risk.
-  Be aware of your surroundings especially when wearing headphones, as you may not hear cars approaching.
-  Hold a child's hand when they cross the road. Use crossing the road as an opportunity to teach them about road safety.



**Triple Zero (000)**  
For emergencies or life threatening situations.



**Police Assistance Line (131 444)**  
For non emergencies.



**Crime Stoppers (1800 333 000)**  
To provide crime information, it can be anonymous.



NSW Police Force



## July School Holiday kids and teens ACRYLIC PAINTING CLASS - \*\*Flamingo\*\*

6 July 23, Thursday, 10.00am - 1.00pm  
Cost: \$65 Early Bird: \$55 book by 29/6/23  
(includes canvas & materials to be used in class)  
Class Venue: Hobbysew Hornsby

*\*\*Suitable for beginners*

Looking for fun activities to do this school holiday? Enrol your child in this fun and creative School Holiday Painting Class and invite their friends to come along too! In this class, students will learn techniques and many useful tips in painting in acrylic which include colour mixing, blending, layouts and designs to creating a fancy sky, water, waves and of course the flamingo. Students will paint on a large 30cm by 40cm canvas, guided by a step by step process and a template is also available for use. Once students have learnt these techniques, they can apply them in creating their very own paintings and projects.

## July School Holiday kids and teens ACRYLIC PAINTING CLASS \*\*Seahorse\*\*

13 July 23, Thursday, 10.00am - 1.00pm  
Cost: \$65 Early Bird: \$55 book by 29/6/23  
(includes canvas & materials to be used in class)  
Class Venue: Hobbysew Hornsby

*\*\*Suitable for beginners*

In this class, students will learn techniques and many useful tips in painting in acrylic which include colour mixing, blending, layouts and designs to creating a underwater scene, seaweeds, rocks, shells and of course the cute seahorse. Students will paint on a large 30cm by 40cm canvas, guided by a step by step process and a template is also available for use. Once students have learnt these techniques, they can apply them in creating their very own paintings and projects.

Enquiries and bookings please contact Amanda directly:  
Email: [artwithamanda@optusnet.com.au](mailto:artwithamanda@optusnet.com.au)  
Facebook: <https://www.facebook.com/artwithamanda.au>

Mobile: 0435 446 980



**HOBBYSEW**

Hornsby

3/138 George Street, Hornsby NSW

Positive Behaviour for Learning (PBL) - Respectful, Responsible, Aspire



# Small group online tutoring with qualified teachers

After hundreds of successful tutor sessions in partnership with The Smith Family's Catch-Up Learning Program, ClassCover Tutor is excited to be expanding our online small group tutoring to all primary-aged students.

**INTRODUCTORY OFFER**

10 weeks of small group tutoring for \$200. Hurry, limited spaces available. Registrations close 30th June.



Here's what you need to know :



The 10-week program will commence **Monday 17th July.**

Participants have the option to select their preferred session time of **4 PM or 5 PM AEST, Monday - Thursday.**

Sessions cover literacy or numeracy, with students grouped by year level and subject area.

The small group format is a cost-effective tutoring option that is proven to boost learning outcomes for students.\*

\*Grattan Institute Report 'Why Australia Should Embed High Quality Small Group Tutoring in Schools'



Learn more.

We've worked with...



Schoolified





# Find fun, friends and adventure at your local Girl Guides.

GIRL GUIDES

Waitara Wagtail Junior Guides warmly invites girls 6 – 9 years old to join us for an Experience Guides Night.

Craft, games, obstacle course, knots, roasting marshmallows and more....

Thursday 20<sup>th</sup> July: 5:00 – 6:30pm.

RSVP by 14<sup>th</sup> July

for more details: QR Code or

[waitarajg@girlguides-nswactnt.org.au](mailto:waitarajg@girlguides-nswactnt.org.au)



Are YOU looking for flexible work during school hours?

Be a Carer with Home Care Helpers

At Home Care Helpers, we are passionate about helping our clients achieve their goals while living independently at home and we are just as committed to our employees who carry out the important role of providing care and support to our diverse range of wonderful clients.

You must be able to travel between clients' homes, by providing your own transport, and you will need to provide mandatory background checks such as a current police check, if you don't have one, we can advise you how to obtain one.

You will need patience, compassion and an ability to listen well, so you can support clients with the things that really matter to them, even on the difficult days. Stamina to meet both the physical and emotional demands of providing care and support is also essential. The ability to think clearly in a crisis and to keep calm is necessary to provide the best care for our clients.

You could be cooking a T-bone steak or carrying out general light household duties in client's homes such as vacuuming, mopping, cleaning the kitchen and bathroom. It is the sort of cleaning you would do in your own home and the client will provide you with the cleaning products and equipment for you to use.

If you share our vision and would like to balance your lifestyle whilst having the opportunity to build a fulfilling career with Home Care Helpers, please contact us.

Carer casual rates:

- \$33 Monday to Friday (9am-5pm)
- \$40.15 Monday to Friday (5pm-9am) and Saturdays
- \$51.62 Sundays
- \$63.09 Public Holidays



phone: 0492 946 325

email: [info@homecarehelpers.com.au](mailto:info@homecarehelpers.com.au)

website: <https://homecarehelpers.com.au/careers>

*kano*

AKÜ 12

**TERM 3 AFTER SCHOOL FOOTBALL PROGRAM**

★★★★★

TECHNICAL SKILLS DEVELOPMENT FOR SCHOOL KIDS AGED 5 TO 12 YEARS

VENUE: HELD AFTER SCHOOL ON THE SCHOOL OVAL

FOR MORE DETAILS SCAN THE CODE

SCAN ME

REGISTER [WWW.KANO-FOOTBALL.COM.AU](http://WWW.KANO-FOOTBALL.COM.AU)

Positive Behaviour for Learning (PBL) - Respectful, Responsible, Aspire



# JULY 2023 SCHOOL HOLIDAY DROP IN PROGRAMS

## DROP IN AND DISCOVER

Explore your creativity in this interactive session.

Bring your colouring page to life with Quiver, use your construction skills with magnets, check out our craft kits, and more!

**When:** Friday 7 July, 10am–12pm

**Where:** Berowra Library

**When:** Tuesday 11 July, 10am–12pm

**Where:** Hornsby Library

**When:** Wednesday 12 July, 10am–12pm

**Where:** Pennant Hills Library

**Age:** 5–12 years

**Cost:** Free

**Bookings:** Bookings not required. Children 10 and under must be accompanied by an adult.



## HOLIDAY STORYTIME

Join us for a fun, interactive session filled with stories and songs.

**When:** Thursday 13 July, 10am

**Where:** Hornsby Library

**Age:** 0–7 years

**Cost:** Free

**Bookings:** Bookings not required. Children 10 and under must be accompanied by an adult.



For further information on these events  
and more events in your library visit  
[hornsby.nsw.gov.au/library](https://hornsby.nsw.gov.au/library)

**HORNSBY SHIRE  
LIBRARIES**



  
**HORNSBY  
SHIRE COUNCIL**

*Positive Behaviour for Learning (PBL) - Respectful, Responsible, Aspire*



## NAIDOC WEEK CHILDREN'S EVENT



### ILLUSTRATION WORKSHOP WITH INDIGENOUS ARTIST DUB LEFFLER

#### Do you enjoy drawing?

Have you ever wondered what goes into illustrating a book? Join award winning children's illustrator Dub Leffler to learn drawing techniques, the illustration process and an insight into the life of an illustrator.

Descended from the Bigambul people of South-West Queensland, Dub Leffler is Australia's Premiere Indigenous illustrator of Children's literature. He has written two books for children & has illustrated over 27 titles including the much lauded *Once There was a Boy* and *Sorry Day*. Dub's work is known and held in collections around the world including The Library of Congress in the U.S His current works include *The Beautiful Night*, written by Carl & Hakea Merrison (Hachette 2023), and *Walking Together* written by Coral Vass (Scholastic).

**When:** Tuesday 4 July  
10am-11am, ages 7-9  
11.30am-12.30pm, ages 10-12  
1pm-2pm, ages 13-15

**Where:** Hornsby Library

**Cost:** Free

**Bookings:** Children 10 and under must be accompanied by an adult.  
Bookings essential. Book online at [hornsby.nsw.gov.au/library](https://hornsby.nsw.gov.au/library)



Bookings are essential. For booking details and further information on this event and more events in your library visit [hornsby.nsw.gov.au/library](https://hornsby.nsw.gov.au/library)



## JULY 2023 SCHOOL HOLIDAY CHILDREN'S EVENT



### THE DINOSAUR SHOW

#### A visual and musical feast for any little dinosaur lover!

Who is stealing the Dinosaur eggs? Help Tappy solve the mystery with the help of his friends! Join in the fun with the wild wacky dinosaur family as Tapejara the Pterosaur (Tappy) takes children on this exciting adventure. A simple storyline by Julie Zommers, with loads of action and involvement for the children. It's a visual and musical feast for any little dinosaur lover!

**When:** Wednesday 5 July, 11am-12pm

**Where:** Pennant Hills Library

**When:** Thursday 6 July, 10.30am-11.30am

**Where:** Hornsby Library

**Age:** 2-7 years

**Cost:** \$5

**Bookings:** Children 10 and under must be accompanied by an adult.  
Bookings essential. Book online at [hornsby.nsw.gov.au/library](https://hornsby.nsw.gov.au/library)

Bookings are essential. For booking details and further information on this event and more events in your library visit [hornsby.nsw.gov.au/library](https://hornsby.nsw.gov.au/library)



# XLR8

[xlr8playerdevelopment.com.au](https://xlr8playerdevelopment.com.au)



JULY 2023

## HOLIDAYS CLINICS

BOOK NOW!

AGES 5-14

EARLY BIRD 10% OFF  
UNTIL MIDNIGHT 18TH JUNE

NORTH TURRAMURRA  
RECREATION AREA

CHATSWOOD  
HIGH SCHOOL

BLACKMAN PARK,  
LANE COVE WEST



# EINSTEIN KIDZ ABACUS

Classes now operating here



Enroll now for 2022

## PATHWAY TO GENIUS

- Quick calculations.
- Enhances visualization and imagination.
- Memory strengthening.

Age group: 4 & 1/2 - 12 years

Book a trial class

1300 75 57 75

[www.einsteinkidzabacus.com.au](https://www.einsteinkidzabacus.com.au)



Abacus



Vedic Math



Chess

Rubik's cube

Positive Behaviour for Learning (PBL) - *Respectful, Responsible, Aspire*





Free family fun with the Parliament of NSW

MONDAY-FRIDAY  
3-7 JULY 2023  
ONLINE



**PROGRAMS FOR CHILDREN UP TO 12 YEARS**

**Mirri Mirri cultural education session**  
Monday 3 July, 1-2 pm  
Wednesday 5 July, 1-2 pm

**Virtual guided visit of the Parliament of NSW**  
Tuesday 4 July, 9-10 am  
Thursday 6 July, 9-10 am

**Storytelling session**  
Friday 7 July, 9-10 am

**Storytelling and drawing activity**

Visit Australia's oldest Parliament via ZOOM this school holiday for free fun educational, activities for children and families.

We have 5 days of fun events planned including storytelling, Aboriginal cultural session and a virtual guided visit through the newly refurbished chambers.



**BOOKINGS ESSENTIAL**  
P: (02) 9230 2047  
E: [communityengagement@parliament.nsw.gov.au](mailto:communityengagement@parliament.nsw.gov.au)

WHERE ONLINE

MORE INFORMATION  
[parliament.nsw.gov.au/events](http://parliament.nsw.gov.au/events)

Art on Canvas for Kids

**TERM 3  
AFTER-SCHOOL  
ART PROGRAM**

**BOOK  
A SPOT  
TODAY!**



**Great for:**

- concentration
- creativity
- building resilience
- relaxation and more!

**At Hornsby South Public School**

- Time: Tuesday 15.15-16.15
- Venue: School classroom
- Fees: \$250 (10 weeks)
- Contact: 0424 093 991

**BOOK A SPOT NOW! >>**

**CLICK HERE**



THE WORLD NEEDS YOUR VOICE...

**PUBLIC SPEAKING CLASS**

This will be a friendly, safe, challenging but fun, hands-on course in public speaking.

Sign up at the Information Counter.



Read Write Speak

Tel: 0447 768 311



**YOUNG ENGINEERS  
ROBOTICS & STEM CLUB  
HORNSBY SOUTH PS – Wed's  
3:15-4:30pm**



**PLAYING LEGO®  
WHILE LEARNING  
PHYSICS AND SCIENCE.  
EXCLUSIVELY WITH  
YOUNG ENGINEERS!**



**Years 1 to 6**

**Enrolling now for Term 3**

[nssydney.young-engineers.com.au/enrolment/](http://nssydney.young-engineers.com.au/enrolment/)



m: 0429 790 464

e: [scott@young-engineers.com.au](mailto:scott@young-engineers.com.au)

f: [Young Engineers North Shore Sydney](http://Young Engineers North Shore Sydney)

w: [www.nssydney.young-engineers.com.au](http://www.nssydney.young-engineers.com.au)

**Positive Behaviour for Learning (PBL) - Respectful, Responsible, Aspire**





# PUBLIC SPEAKING FOR KIDS

**AGE GROUP: 7-12 YEARS**

course designed by  
Body Language Specialists

**This camp will teach your child to**

## OBJECTIVE

- Face the audience with confidence
- Learn to adapt his style to the audience
- Create a memorable experience for audience

## AGENDA

- Building Confidence
- Adding Style to Delivery
- Vocal Impact
- Handling Audience Reactions
- Facing Any Situation

**IMEB AMEB  
Certified Course  
On Campus  
Block H Room 6S**

**After School@Hornsby South**  
Thursday afternoon 3:15-5:15 pm



Read



Write



Speak

Tel: 0447 768 311

**Enroll: [Hornsby@keacademy.com.au](mailto:Hornsby@keacademy.com.au)**



# JULY 2023 DRAMA HOLIDAY WORKSHOPS

**WEEK 1 SCHOOL YEARS K-6**  
July 3rd - 7th

**MAKE A PLAY  
(5 DAYS)**

**KILLARA**

K-3: 9:30am - 12:30pm

Y4-6: 9:30am - 12:30pm

**HORNSBY**

K-3: 9:30am - 12:30pm

Y4-6: 9:30am - 12:30pm

**WEEK 1 TEENS**  
July 3rd - 7th

**TEENS WINTER RESIDENCY:  
'SHACK' WORKSHOP AND PERFORMANCE  
(5 DAYS)**

**KILLARA**

Y7-12: 1:00pm - 4:00pm

**WEEK 2 SCHOOL YEARS K-6**  
July 10th-14th

**MAKE A PLAY  
(5 DAYS)**

**KILLARA**

K-3: 9:30am - 12:30pm

Y4-6: 9:30am - 12:30pm

*Winter  
2023*



# SCHOOL HOLIDAY WORKSHOPS!

**bricks  
4 kidz**

playful AWESOME



An **EXTRAORDINARY** experience for kids!

- \* Galaxy Far Away (inspired by Star Wars™)
- \* Superheroes & Ninjas
- \* Learn to Code with LEGO® Robotics
- \* Mining & Crafting (inspired by MineCraft™)
- \* Remote Control Mania
- \* Pocket Brick Monsters (inspired by Pokémon™)
- \* And MORE!



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# Alan Stopford Tennis Camp

Camp 1: 3 - 7 July

Camp 2: 10 - 14 July

Hours: 9am – 3pm

Normanhurst Boys  
High School

Fun games!

Challenges!

Friday pizza!

Tournaments!

Camp fee: \$205

Casual day: \$65

Half days available

Call 0411 426 554 or email  
[stopfordalan@gmail.com](mailto:stopfordalan@gmail.com)



# WAHROONGA SCHOOL HOLIDAY BASKETBALL CAMP

ABBOTSLEIGH SCHOOL

**3 - 14 JULY**

AGES 5 - 14

[JUNIORBASKETBALLACADEMY.COM.AU](http://JUNIORBASKETBALLACADEMY.COM.AU)

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**Positive Behaviour for Learning (PBL) - Respectful, Responsible, Aspire**

