### SPECIAL FOOD MENU

Mondays only – Spaghetti Spaghetti Bolognaise

\$5.00

30c

Tuesdays only – Dumplings (Small) Made fresh in canteen –

*Please note that the dumplings contain	sesame oil
3 x Chicken Dumplings	\$2.00
6 x Chicken Dumplings	\$3.50
9 x Chicken Dumplings	\$5.00

Wednesdays only – Sushi Made fresh in canteen

\*Please note one sushi is large enough for a lunch meal

Sushi – Vegetarian	\$3.30
Any combination of vegetables	
Sushi – Chicken or Tuna	\$3.60
Sushi – Chicken or Tuna & Vegetables	\$3.80

Soy Sauce

## Everyday

Occasional

V = Vegetarian GF = Gluten Free

## **Canteen Hours:**

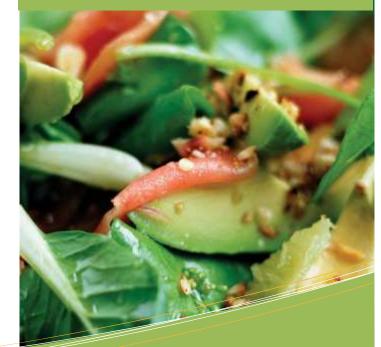
8.30am – 1.30 pm M-F Counter Sales and Orders

Contact: Natalie (M-W) Christina (T-F) Phone: 9489 2410 Email: canteen.hsps@gmail.com

Please note that all orders **must be** received by 9am.

Save time and order online: www.munchmonitor.com Username: hsps Password: munch2077

# Snack Shack



## 2018 TERM 1 MENU



## Fresh & Delicious Sandwiches, Pizzas, Salads and Snacks

## Breakfast 8.30-9am

(Counter sales only)	
Toast with Vegemite	\$1.00
Hot Chocolate (Mon,Tues & Wed only)	\$1.20
Coffee (parents only)	\$3.00

## **Drinks**

(Counter sales and orders)	
Water (300ml)	\$1.00
Chocolate Oak (300ml) Strawberry Oak (300ml) Full Cream Milk (200ml)	\$2.00 \$2.00 \$1.00
Full Cream Milk (200ml) & Sipahh Milk Flavouring Straw	\$1.50
99% Fruit Juice (No added sugar) Apple Juice Apple/Blackcurrant Juice Orange Juice	\$1.70 \$1.70 \$1.70
Multivitamin Juice	\$1.70
FrozenTreats (Counter sales only Frozen Chocolate Cup	) 50c
Frozen Strawberry Cup	50c
Frozen Fruit Juice Cup	50c
Frozen Fruit Tubes (99% fruit juice)	60c
Frozen Pineapple Ring	50c
Frozen Orange Quarter	20c
Frozen Mandarin (1/2 Mandarin)	50c
Bag of Frozen Grapes	\$1.25

Fruit Slushie (99% fruit juice) - Sml

Paddle Pop

Icy Twist

\$1.00

\$2.00

\$1.50

\$1.50

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Snacks (Counter sales and orders)	
Apple	80c
Bag of Sultanas	75c
Bag of Carrot sticks	70c
Dried Banana Slices	\$1.25
Box of Dried Sultanas & Apples	85c
Box of Mixed Berries	\$3.00
Bag of cucumber slices	\$1.50
Plain Popcorn	80c
Yoplait Vanilla Yoghurt	\$1.25
Yoplait Strawberry Yoghurt	\$1.25
Bega Cheese Stringers	\$1.20
Mainland Light & Tasty Cheese	
With Water Crackers	\$2.85
Smiths Original Chips	\$1.70
Smiths Salt & Vinegar Chips	\$1.70
Red Rock Honey Soy Chips	\$1.70

Fresh Salads & Fruit	
(Lunch orders only)	
Garden Salad Tub	\$4.00
Tuna/Chicken or Ham Salad Tub	\$4.50
Apple Slinky	\$1.20

All beef and chicken products are Halal
Certified

Hot Meals (Lunch orders only)	
Lean Beef Lasagne	\$5.00
Vegetable Lasagne (v)	\$5.00
Macaroni Cheese (v)	\$5.00
Penne Napolitana (v)	\$5.00
Pizzas made fresh in canteen	
Cheese Pizza (v)	\$4.50
Garlic & Cheese (V)	\$4.60
BBQ Chicken Pizza	\$4.80
Ham and Pineapple	\$4.80
Ham Pizza	\$4.80
Gluten Free Cheese Pizza (v)	\$5.00
Meat Pie (low fat)	\$4.50
Lean Beef Sausage Roll	\$3.50
3 x Chicken Nuggets	\$1.50
3 x Chicken Wedges	\$2.70

## Sandwiches (Lunch orders only) Wholemeal bread unless specified

Cheese	\$1.80
Vegemite	\$1.20
Chicken/Ham or Tuna	\$3.00
Chicken/Ham or Tuna & Salad	\$4.00
Ham and Cheese	\$3.50
Ham, Cheese and Tomato	\$3.80
Cheese and Salad	\$3.80
Salad Sandwich	\$3.30

Extras	
Tomato Sauce	30c
Mayonnaise	20c
Gluten Free	\$1.00

White Bread request

